



## WEIGHT LOSS PRODUCTS

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**IsaLean™ Shake — A tasty, convenient, low-glycaemic and nutritionally complete meal replacement available in canisters and packets.**

- 24 g of high-quality undenatured protein supports lean muscle growth
- Excellent source of fibre to support weight management by keeping you full for longer
- Energy-fuelling carbohydrates, good fats and 21 essential vitamins and minerals to help you maintain good health
- 240 cal per serve
- Available in canisters and packets in Creamy French Vanilla, Creamy Dutch Chocolate and Strawberry Cream. Also available in Chocolate Mint canister only.

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**IsaLean™ Shake Dairy Free — A delicious, nutritionally-balanced meal replacement shake, without the dairy.**

- 24 g of plant-based pea and rice protein per serve
- Suitable for a vegan lifestyle
- Designed to support weight management with only 280 cal per serve
- Deliciously creamy Rich Chocolate and Vanilla Chai flavours

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**IsaLean™ Shake Kosher — A low glycaemic, nutritious, balanced meal replacement that is Kosher Certified.**

- 23 g of high-quality undenatured protein to support lean muscle growth
- Energy-fuelling carbohydrates, good fats and 21 vitamins and minerals to help maintain good health
- 250 cal per serve
- Available in Certified Kosher canisters in Natural Creamy Vanilla flavour

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**Cleanse for Life™ — Nourish your body while you cleanse with a blend of antioxidant botanicals, vitamins and minerals.**

- An essential component for deep cleansing
- Aloe vera and peppermint soothe the digestive system
- Antioxidants help protect against oxidative stress
- Available in powder or Kosher certified liquid

## ENERGY PRODUCTS

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**e+ — A healthy energy shot made with naturally sourced caffeine and adaptogens.**

- Plant-based caffeine from green tea and yerba mate boosts energy without causing jitters
- Long-lasting energy to help fuel exercise performance with only 35 cal per bottle
- Contains no artificial colours, flavours or sweeteners
- Available in Raspberry and Lemon Lime flavours
- Certified by Informed-Sport

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**Ionix® Supreme — A unique tonic that helps buffer the body from the effects of physical, environmental and life stress.**

- A combination of adaptogens, antioxidants and nutrients help balance your body's systems and support overall energy
- Strengthens your body's ability to manage the effects of stress
- Natural botanicals help support better mental and physical performance
- Contains no artificial colours, flavours or sweeteners
- Available in powder or liquid
- Certified by Informed-Sport

GF GLUTEN-FREE

DF DAIRY-FREE

V VEGAN

LV LACTO-VEGETARIAN

LG LOW-GLYCAEMIC

SF SOY-FREE

K KOSHER CERTIFIED

## PERFORMANCE PRODUCTS

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**IsaPro™ — A source of high-quality, undenatured whey protein to add to Shakes or meals.**

- Aids in post-workout recovery and muscle building and maintenance
- Less than 3 g carbohydrates and only 150 cal per serve
- 27 g of whey protein concentrate per serve, in delicious Vanilla flavour
- Certified by Informed-Sport

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**AMPED™ Power — A pre-workout supplement designed to offer athletic support by preparing your body before training and helping to improve performance.**

- Creatine supports performance during intensive exercise by increasing availability of energy to muscles
- Glycine and L-carnitine provide athletic support during workouts
- Formula contains function-enhancing ingredients designed to be taken before a workout
- Certified by Informed-Sport

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**AMPED™ NOx — The perfect pre-workout shot to help prime muscles for maximum performance during high-intensity exercise.**

- Nitrates from fruit and vegetable extracts help give you stamina during training
- Polyphenols from grape, cherry, pomegranate and apple juice support overall health
- Boost energy, reduce fatigue and improve performance
- Certified by Informed-Sport

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**AMPED™ Hydrate — A refreshing sports drink mix that helps to hydrate and sustain your body's energy for peak performance.**

- A natural fuel for the body, helping you to sustain your energy without caffeine or stimulants
- Electrolytes replace those lost during exercise
- Contains Betacarotene and C and B-Complex vitamins to help replenish energy levels
- Contains only natural ingredients and no artificial sweeteners or colours
- Available in Juicy Orange and Lemon Lime flavours
- Certified by Informed-Sport

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**AMPED™ Recover — A post-workout drink for better muscle recovery and rebuilding.**

- Contains energy-boosting L-carnitine to support muscle tissue and reduce fatigue
- Contains branched-chain amino acids to support muscles
- Use with IsaPro after training to support muscle growth
- Certified by Informed-Sport

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**IsaLean™ PRO — A complete meal replacement shake with 36 g of undenatured protein.**

- High-protein nutrition helps to satisfy cravings and break through weight-loss plateaus
- 36 g of undenatured whey and milk protein promotes lean muscle growth and maintenance
- Branched-chain amino acids naturally boost and maintain muscle growth while helping to speed post-workout recovery
- Adding more quality protein to your diet can help to slow age-related muscle wastage
- Available in Natural Chocolate, French Vanilla and Strawberry Cream sachets
- Certified by Informed-Sport



GLUTEN-FREE



DAIRY-FREE



VEGAN



LACTO-VEGETARIAN



LOW-GLYCAEMIC



SOY-FREE



KOSHER CERTIFIED

## SUPPLEMENTS

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### IsaFlush™ — A supplement designed to support regularity with natural cleansing herbs.

- Support for a balanced, regular digestive system and a healthy gut
- Natural ingredients like peppermint leaf and black walnut encourage digestive regularity
- Contains magnesium which may help to relax intestinal muscles
- Contains no laxatives or stimulants

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### Natural Accelerator™ — A safe, natural supplement to support healthy protein and fat metabolism.

- Natural thermogenic ingredients, including cayenne and green tea help increase energy
- Alpha-lipoic acid converts glucose into energy to support healthy metabolism
- Contains no stimulants that cause flushed or jittery feelings

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### Ageless Actives™ — A daily supplement to help meet the nutritional needs necessary for healthy ageing.

- Vitamin D3 helps enhance calcium absorption and supports heart and immune health
- Resveratrol is a powerful antioxidant that helps fight free radicals
- CoQ10 helps generate energy within cells

**WARNING:** If on warfarin therapy, do not take without medical advice. Not suitable for children. If you are pregnant, breastfeeding, diabetic, on medication, have any medical condition or are beginning a weight control program, consult your GP before using this product or any other dietary supplement. Vitamin supplements should not replace a balanced diet.

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### Essentials for Men™ — Powerful multivitamin and mineral formula specifically designed to sustain and promote the best possible health for men.

- Ingredients such as zinc and selenium help support prostate health
- B vitamins help support a healthy immune system

**NOTE:** This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Do not exceed the stated dose except on medical advice. If you have had a baby with a neural tube defect/spina bifida, seek medical advice. Vitamin supplements should not replace a balanced diet. For ages 18+.

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### Essentials for Women™ — Powerful multivitamin and mineral formula specifically designed to sustain and promote the best possible health for women.

- Extra forms of Calcium and B vitamins support strong bones and increased energy
- Promotes healthier hair, skin and nails
- Contains bioflavonoids and antioxidants to assist with energy production and help maintain a healthy nervous system

**NOTE:** This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Do not exceed the stated dose except on medical advice. If you have had a baby with a neural tube defect/spina bifida, seek medical advice. Vitamin supplements should not replace a balanced diet. For ages 18+.

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### IsaOmega™ — A pure, high-quality fish oil sourced from small fish in deep Pacific waters.

- Contains 2000 mg of Omega-3 essential fatty acids in each serving (2 softgels), meeting the National Heart Foundation's recommended daily intake<sup>5</sup>
- Pleasant lemon flavour — no fishy aftertaste
- Supports brain, heart, eye and joint health

**SOURCE:** National Heart Foundation Position Statement, November 2008. <http://www.heartfoundation.org.au/sitecollectiondocuments/fish-position-statement.pdf>

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### IsaGenesis™ — A powerful formula of complex botanicals and vitamins.

- Contains 25 botanicals and minerals and is designed to offer antioxidant support to aid in reduction of oxidative stress
- Softgel capsules improve absorption for better delivery to cells

## SUPPLEMENTS (continued)

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### Complete Essentials™ with IsaGenesis™ – Complete whole-body nutritional support in convenient AM and PM packs.

- A combination of four expertly formulated supplements containing antioxidants, vitamins, minerals and omega-3 fatty acids
- Each pack contains 2 IsaGenesis, 2 Essentials for Men or Essentials for Women, 2 Ageless Actives and 1 IsaOmega
- More cost effective than purchasing supplements individually

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### Isagenix Greens™ – A superior blend of high quality, nutrient rich-plants to complement your daily intake of vegetables, available in convenient single-serve sticks.

- Nutrients from vegetables and herbs, including spirulina and chlorella, support wellbeing
- Antioxidant-rich extracts including green tea extract and grape seed extract support immune health and help fight free radicals
- Blend of rice bran and prebiotics help enhance digestive health
- Contains no artificial flavours, colours or sweeteners

## SNACKS & SMALL MEALS

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LG K  
GF LG K



### IsaLean™ Bar – Nutritionally balanced, on-the-go bars that satisfy hunger.

- High-quality protein, minimal calories and maximum nutrition to help curb hunger while supporting weight management and muscle building
- Available in four delicious flavours (Chocolate Cream Crisp, Chocolate Decadence, Nutty Caramel Cashew and Lemon Passion Crunch)
- Provides sustained energy during exercise

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### IsaLean Bar Dairy Free – A nutritious bar with premium plant-based protein.

- On-the-go nutrition alternative for dairy-free lifestyles
- 19 g high-quality protein from pea and brown rice per serve
- Contains energy-fuelling carbohydrates, 8 g dietary fibre and good fats
- Supports healthy weight loss and lean muscle maintenance while leaving you satisfied
- Available in delicious Chocolate Berry Bliss flavour

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### Isagenix Snacks™ – Bite-size, chocolate-flavoured chewable wafers to help satisfy cravings, especially on Cleanse Days.

- Protein and chromium help curb appetite while supporting healthy blood sugar
- Only 30 cal per wafer
- Contains no stimulants and no artificial colours, flavours or sweeteners

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### Isagenix Snacks™ Dairy Free – Bite-size, berry-flavoured chewable wafers featuring plant-based protein.

- Pea protein and chromium help curb appetite while supporting healthy blood sugar
- Only 30 cal per wafer
- Contains no stimulants and no artificial colours, flavours or sweeteners

GF GLUTEN-FREE DF DAIRY-FREE V VEGAN LV LACTO-VEGETARIAN LG LOW-GLYCAEMIC SF SOY-FREE K KOSHER CERTIFIED

## SNACKS & SMALL MEALS (continued)

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**Fibre Snacks™ — A healthy, gluten-free snack containing a premium mixture of soluble and insoluble fibre.**

- 6 g of fibre per bar to support a balanced digestive system
- Contains soluble and insoluble fibre to promote regularity
- 6 g of undenatured protein helps keep you satisfied between meals
- Delicious Peanut Chocolate Chew flavour

LV  
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**Slim Cakes™ — Tasty, low-calorie, nutritionally packed snacks that support heart and digestive health and help curb hunger.**

- Contains 5 g of fibre and omega-3s from whole oats, inulin and flaxseed
- A delicious blend of antioxidant-rich blueberries and cranberries
- Low in fat and cholesterol — fewer than 100 cal per serve
- Sweetened with natural agave

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**IsaDelight™ — Deliciously rich chocolates containing feel-good nutrients and green tea.**

- Specifically formulated with green tea extract, amino acids, antioxidants, B vitamins and minerals to help ease hunger and sugar cravings, especially on Cleanse Days
- Just 60 cal per serve
- Available in Dark Chocolate, Milk Chocolate and Milk Chocolate with Sea Salt and Caramel flavour

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**Whey Thins™ — Delicious, savoury, protein-packed snacks in convenient, 100 cal servings.**

- Portion-controlled protein snacks designed to satisfy hunger between meals
- Support weight loss and lean muscle maintenance
- 10 g whey protein per serve, as well as good fats and energy-boosting carbohydrates
- Available in mouth-watering cheddar flavour

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**Harvest Thins™ — Kick the chip habit with savoury, dairy free, protein-packed snacks in convenient, 100 cal serving.**

- Perfectly portioned in 100 cal servings.
- 11 g plant-based protein to help keep hunger at bay
- Available in Thai Sweet Chilli flavour

\* These statements have not been evaluated by the Therapeutic Goods Administration. These products are not intended to diagnose, treat, cure or prevent any disease. If you are pregnant, nursing, diabetic, on medication, have a medical condition, or are beginning a weight control program, consult your GP before using Isagenix products or making any other dietary changes. Discontinue use if adverse events occur. Vitamin supplements should not replace a balanced diet. Always read the label. Use only as directed.

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